



OMAGH SUPPORT AND SELF HELP GROUP

53 Market Street
Omagh BT78 1EL

Tel: 028 8225 9877 Fax: 0288225 9877

E-mail: osshg@hotmail.com



EU Programme
for Peace and Reconciliation

Quarterly Newsletter APRIL 2009

WALKING CLUB

Walking Club starts **Wednesday 13th May @ 7 pm**, and will start with a short walk leaving from the car park at OSSHG premises 53 Market Street. Bring your pets if you wish. Further walking trips will be organised to Donegal and further a field later in the year.



Please let **Donna or Fionna** know if you will be coming on **028 8225 9877**, so that we don't go without you!

OFFICIAL OPENING



The opening of our new premises took place on 25th April and the Miami Showband were present to "cut the ribbon".

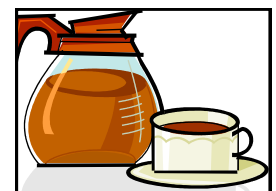


Thank you to everyone who helped with the official opening of our new premises. We could not have done it without you! The day was a great success and enjoyed by everyone.



COFFEE MORNING

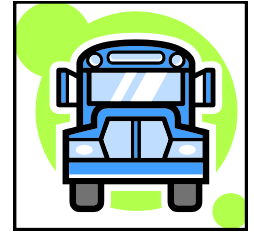
We will be holding a coffee morning on **Friday 15 May at 11.00** in the offices of OSSHG. All Welcome!!



UP COMING ACTIVITIES

We are currently awaiting further funding for activities. These include:

- Social Programmes
- Educational Courses
- Complementary Therapy
- Youth Group



We will inform all our members of the activities/programmes we will be organising once

WELFARE ADVICE SERVICE

This is available in the offices of OSSHG on Fridays or by appointment.

Please do not hesitate to contact our Welfare Officer if you need help. This service is free of charge to members.

NI MEMORIAL FUND

Please note that the NI Memorial Fund have moved. Their new address is :

Unit 1, 33 Massey Avenue, Belfast BT4 2JT. Telephone Number 028 9076 1166. Fax Number 028 99076 1144. Website: www.nimf.org.uk

The Office of the First Minister and Deputy First Minister have approved additional funding for the NI Memorial Fund for the period April 2009 to March 2010. This will allow the Fund to continue its work in the interim period with the following :

- **Discretionary Fund**
- **Over 60's Support Scheme**
- **Home Repairs Scheme**
- **Back to School Scheme**
- **Short Break Scheme**
- **Chronic Pain Management**

Care for Carers - If you are a registered primary carer providing care for an individual who sustained injuries as a result of the Trouble, the Fund would like to hear your views on the support available for Carers.

If you require further information on the above, or anything else NI Memorial Fund can assist with either contact them directly or **Donna on 028 8225 9877**

OPENING HOURS

The offices of OSSHG are open daily from 9 am to 5 pm Monday to Friday, and are closed between 1 pm and 2 pm for lunch. If you need assistance during the lunch hour please make a special appointment. If you just arrive you might find no one is there!

“This publication has received support from the Northern Ireland Community Relations Council which promotes a pluralist society characterised by equity, respect for diversity and independence. The views expressed do not necessarily reflect those of the Community Relations Council”.