

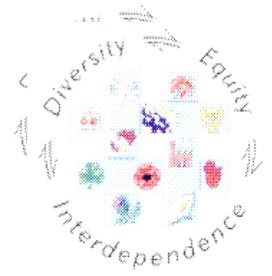


OMAGH SUPPORT AND SELF HELP GROUP

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Monthly Newsletter
November 2009

Shopping and Pantomime Trip to Belfast

The very popular Christmas trip to Belfast will take place on **Wednesday 16th December 2009**. After our shopping we will go to Robinson's for a meal before heading to the Grand Opera House for a magic carpet ride of pantomime adventure with a spectacular and magical production of *Aladdin*. Featuring outstanding 3D wizardry, **May McFettridge** leads the cast in the role of Aladdin's hilarious mum, **Widow Twankey!** A great day out for all the family.



Places are limited, so to avoid disappointment, please contact Fionna on (028/048) 8225 9877 as soon as possible. Unfortunately, this year we have a shortfall in the amount of funding we received, and we have to charge £5.00 per person over 16. All those under 16 will go free of charge.



Travel arrangements will be finalised nearer the time.

Annual General Meeting

The Annual General Meeting of Omagh Support and Self Help Group will take place on **Tuesday 1st December 2009 at 7.00 pm** in our offices. All full members with voting rights are invited to attend.

Coffee Morning

The last coffee morning of the year will be held on **Friday 18th December at 11 am** in the office of OSSHG. Make a note and come along for some Christmas cheer and a chat.





NORTHERN
IRELAND
HUMAN
RIGHTS
COMMISSION

Human Rights Education Programme Autumn 2009 An Introduction to Human Rights

Workshop Details :

This aim of this half-day workshop will explore what human rights are and how they work.

Participants will consider the concept of rights and how they are protected and promoted in practice. There will be a particular focus on the Human Rights Act 1998.

This workshop will be of interest to groups and individuals from both the community and voluntary sector and from statutory organisations. No prior knowledge of human rights or law is required.

Dates and Venues

18 November 2009 - Omagh Community House, Omagh

24 November 2009 - The Junction, Derry/Londonderry

Time: 9.30am (prompt) to 1.30pm, lunch included.

Early booking is advised as spaces are limited and will be allocated on a first come/first served basis. If you require further information or help with

Christmas Raffle

Following on the success of the Christmas hamper Raffle held in previous years, OSSHG will be having another one this year. Prize will be a Christmas hamper full of Christmas goodies, such as wine, chocolates etc. So come on in to the office to get your tickets. £2.00 for a row of 5 tickets. Draw will be made on **Friday 18th December 2009** at the Coffee Morning. All money raised will go towards Activities organised by the Group.



Christmas Holidays

Please note that the office of Omagh Support and Self Help Group, will be closed from the 24th December 2008 and will re-open on the 4th January 2010. We wish all our members well over the festive season.

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