

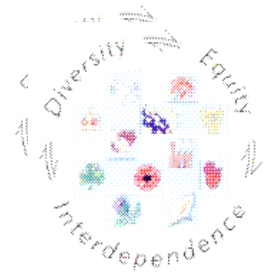


## **OMAGH SUPPORT AND SELF HELP GROUP**

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***Monthly Newsletter  
May 2010***

### **STORY TELLING PROJECT**

We have been awarded £27,000 for a story telling and recording project. There will be a number of elements to the project, which will be officially launched in early June this year.

We will be going on a trip to the world renowned city of York, where we will meet up with other victims from the area. This will comprise of a 6 day residential leaving 12th September to 17th September inclusive, with Ulsterbus on the ferry to Stranraer.

Whilst in York we will visit York Minster, Imperial War Museum, the Yorkshire dales and the village where the television series Heartbeat was filmed.

When we are in York we will design a symbol that will be used throughout the project. There will be a once off fee of £50 for this trip. If you sign up for this trip, people will be expected to commit to participation in all events including the storytelling.

The final event of the project will be an international conference which will be held in Omagh in March 2011.

If you don't wish to go on the trip you may still contribute by telling your story which will be recorded.

Places are limited so please contact the office to put your name of the list.

### **WINDOW OF HOPE**

In the next few weeks we are hoping to complete the Window of Hope project by installing the final window in Madrid. We will keep you updated on this.

## **COMPLEMENTARY THERAPY**

We are awaiting confirmation of our funding programme for 2010/2011. The Complementary Therapy programme will be continued, and we are encouraging people who would benefit from therapy to put their name down on the waiting list, and we would particularly advise those who have not benefited in the past to consider giving it a trial.



Please contact the office on (028) 8225 9877 to put your name on the list.

## **MEET AND GREET**

Once our funding becomes available we will be holding a Meet and Greet evening to introduce members to the new Management Committee and allow members the opportunity to mix with the Management.



## **COURSES**

The Group will be holding a Child Protection course. Anyone interested should contact the office.

If there are any courses you would like to do, please let us know, and if we get the numbers, we will consider doing it.

## **APPEAL FOR SHOP**

We require clothes, books and bric a brac for our charity shop. We also require volunteers to staff the shop. Application forms available in the shop

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