

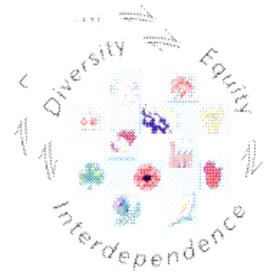


OMAGH SUPPORT AND SELF HELP GROUP

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EU Programme
for Peace and Reconciliation

Monthly Newsletter September 2010

The children are back to school and summer holidays seem like a distant memory now. Dark evenings are upon us and autumn is creeping up gradually. Nearly Christmas!! What a scary thought. On that note we would like to tell you of the following:

Halloween Trip to Ulster American Folk Park



We will take a tour of the outdoor museum as darkness falls. Ghost stories, ghouls and witches bring the museum to life as you are guided around the exhibit buildings by torchlight! Learn about Hallowee'en past as you sample traditional Ulster and American fayre such as barnbrack, pumpkin and shoofly pie. This is a great outing for both adults and children.



This tour will take place on **Saturday 30 October 2010 starting at 4.15 pm**, and will last approximately 2 hours. Buses will be provided from both Bunrana and Omagh. Numbers are limited for this outing, so in order to avoid disappointment please call the office on **(028/048) 8225 9877** and reserve your place. Travel

Meet and Greet

The Management Committee will be holding a Meet and Greet evening in order to meet the members of the Group and give members an opportunity to meet the Management Committee.

This will probably be held in early November, and details of this will be sent out shortly.



Complementary Therapy

We are still currently awaiting our Funding for Complementary Therapy, but in the meantime we have created a waiting list, and encourage all members who have not placed their name on the list to please do so if you wish to be considered for therapy.

Pantomime Trip to Belfast

Once again we will be holding the very popular Christmas trip to the Pantomime in Belfast, but with a twist. This year we thought we would go to the Pantomime on Saturday and include an overnight stay in Jurys Inn, then go on the Lapland Express in Downpatrick on Sunday afternoon.

The pantomime this year is Snow White and the Seven Dwarfs, starring pantomime legend May McFettridge. Packed with laughs, magic, beautiful costumes and stunning sets, Snow White and the Seven Dwarfs carries the Grand Opera House hallmark of quality and outstanding entertainment for the whole family!



Jurys Inn is situated in Fisherwick Place beside the Opera House, so you could not get anywhere closer to stay than that. Jurys Inn has family and single rooms, and each room has en-suite facilities.

On the Sunday we would leave the hotel, board the bus and head for the Lapland Express in Downpatrick where we will meet Santa Claus on board his steam train - travel with him singing Christmas songs on the train and then have a one-to-one meeting with him. Children's entry dependent on being good throughout the year!



We are planning that all the above will take place on **Saturday 4th December**. We would travel to Belfast, and those who wish to go shopping can do so, but we can organise a trip to the W5 in the Odyssey, through Jury's Inn for those of you who wish to do that instead of shopping. We will have a meal in the evening, followed by the Pantomime. We will then stay overnight in Jurys Inn, have a leisurely breakfast and go on the Lapland Express in the afternoon, before returning to Omagh/Buncrana in the evening. Transport will be provided for the entire week-end from both Buncrana and Omagh, details will be provided later.

In previous years our Christmas trip has always been heavily over-subscribed, so book your place early to ensure your booking.

Booking for Events

Bookings for all the above outings are on a first come first served basis. So you really need to contact the office on **(028/048) 8225 9877**, quickly to avoid disappointment.



Office Opening Hours

Please note that the office of Omagh Support and Self Help Group, is open every day Monday to Friday 9 am to 1 pm. The charity shop at the front of the building is open everyday from 10 am to 5 pm.

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