

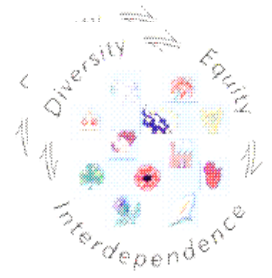


OMAGH SUPPORT AND SELF HELP GROUP

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***Monthly Newsletter
December 2010***

New Co-Ordinator

Omagh Support and Self Help Group would like to welcome Paul Hamilton, who will get to know you all over the coming months. Paul is very keen to get involved in group projects and get feedback from our members on events/projects they would like to get involved in.

Recent Events

We have held a few very successful events recently. Here are some of the results.

To view the pictures of the Halloween trip, Fashion Show, Meet and Greet and Christmas Trip to the Gallery of this website.

Get Well Wishes to Paddy McCrystal



We would like to wish Paddy McCrystal, one of our most distinguished and oldest members a speedy recovery after his illness in Malta, where he returned after 70 years, since fighting in the war.

ECDL



We will be holding an ECDL course commencing in the second week of January 2011. This is a 20 week evening course, and will be held in our offices. You must be over 19 years old and unemployed. To register your interest please contact **Jacqui Woulfe on 028 8225 9877**.

Management Training

This is an accredited course for members who are either in a management position or thinking about management positions. This is 2 hour a week course for 20 weeks. It will begin second week in January 2011. Please register you interest with **Jacqui Woulfe on (028) 8225 9877**.

Christmas Drop In



On **Monday 13th December 2010 from 11 am to 4 pm**. Tea/ Coffee/Hot Chocolate and some festive food available. Soak up the Christmas atmosphere and get ready for Christmas. We will be holding a raffle on the day.



Counselling Service

Starting in January 2011 on Mondays and Tuesdays will have the services of a Counsellor available in our offices. Contact **Fionna on (028) 8225 9877** to make an appointment. This is completely confidential and is person centered.

Christmas Closure

The Charity Shop will close from Wednesday 22nd December and re-open again on Wednesday 29th December. We will close again on New Year's Eve at 1 pm and will re-open again on Tuesday 4th January 2011. The office will close at 1 pm on Christmas Eve, 24th December and will re-open on Tuesday 4th January 2011.

If you are driving over the festive season, please take care. We wish all our members well over the festive season.

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